

Episode 3: Journey to the Promised Land

1 Nephi 16–18

Name: _____

Today we're learning: The Lord prepares a way for us to do hard things He asks.

Read together

“And thus we see that the commandments of God must be fulfilled. And if it so be that the children of men keep the commandments of God he doth nourish them, and strengthen them, and provide means whereby they can accomplish the thing which he has commanded them; wherefore, he did provide means for us while we did sojourn in the wilderness.” (1 Nephi 17:3)

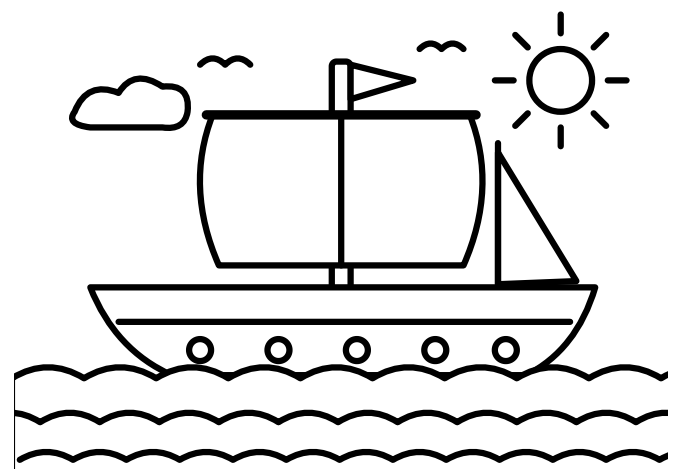
“And it came to pass that the Lord spake unto me, saying: Thou shalt construct a ship, after the manner which I shall show thee, that I may carry thy people across these waters.” (1 Nephi 17:8)

Listen for it! Check each one when you see it.

- ☐ Nephi's broken bow
- ☐ The Liahona (the ball that points the way)
- ☐ Nephi building the ship
- ☐ The big storm on the sea

Who's who? Draw a line to match.

- | | | | |
|----------------|---|---|---|
| Nephi | ● | ● | Complained and tied Nephi up |
| Lehi | ● | ● | Built a ship the Lord's way |
| Laman & Lemuel | ● | ● | The mom who was sad and sick in the storm |
| Sariah | ● | ● | The dad who found the Liahona |



Color the ship sailing to the promised land!

Family question for dinner

What is something hard you did this week?
How did Heavenly Father help you do it?

What I learned

Word helpers: ship · bow · storm · pray · obey · help · Liahona

How I can live it today

One hard thing I can do with Heavenly Father's help:

MEMORY VERSE

“If God had commanded me to do all things I could do them.”

1 Nephi 17:50

✂ cut out and put it where you will see it