

Episode 3: Journey to the Promised Land

1 Nephi 16–18

Name: _____

Principle: When the Lord asks something hard of us, He also provides the means to do it. Our job is to turn toward Him, not away from Him.

Read 1 Nephi 17:1–3; 1 Nephi 17:7–9; 1 Nephi 17:50–51

1 Nephi 17:1–3 ¹And it came to pass that we did again take our journey in the wilderness; and we did travel nearly eastward from that time forth. And we did travel and wade through much affliction in the wilderness; and our women did bear children in the wilderness. ²And so great were the blessings of the Lord upon us, that while we did live upon raw meat in the wilderness, our women did give plenty of suck for their children, and were strong, yea, even like unto the men; and they began to bear their journeyings without murmurings. ³And thus we see that the commandments of God must be fulfilled. And if it so be that the children of men keep the commandments of God he doth nourish them, and strengthen them, and provide means whereby they can accomplish the thing which he has commanded them; wherefore, he did provide means for us while we did sojourn in the wilderness.

1 Nephi 17:7–9 ⁷And it came to pass that after I, Nephi, had been in the land of Bountiful for the space of many days, the voice of the Lord came unto me, saying: Arise, and get thee into the mountain. And it came to pass that I arose and went up into the mountain, and cried unto the Lord. ⁸And it came to pass that the Lord spake unto me, saying: Thou shalt construct a ship, after the manner which I shall show thee, that I may carry thy people across these waters. ⁹And I said: Lord, whither shall I go that I may find ore to molten, that I may make tools to construct the ship after the manner which thou hast shown unto me?

1 Nephi 17:50–51 ⁵⁰And I said unto them: If God had commanded me to do all things I could do them. If he should command me that I should say unto this water, be thou earth, it should be earth; and if I should say it, it would be done. ⁵¹And now, if the Lord has such great power, and has wrought so many miracles among the children of men, how is it that he cannot instruct me, that I should build a ship?

Discuss & reflect

1. Nephi and Laman & Lemuel faced the same broken bow, the same hunger, and the same storm. Compare how each responded. What made the difference?
2. In 1 Nephi 17:9 Nephi doesn't ask the Lord whether he should build a ship; he asks where to find ore for tools. What does that show about his faith?
3. The Liahona worked "according to the faith and diligence and heed" they gave it (1 Nephi 16:28). What in your life works the same way?
4. What "hard thing" might the Lord be asking of you right now? What would going "up into the mountain" look like for you?

Cross-reference

Philippians 4:13 "I can do all things through Christ which strengtheneth me."

Ether 12:27 "And if men come unto me I will show unto them their weakness. I give unto men weakness that they may be humble; and my grace is sufficient for all men that humble themselves before me; for if they humble themselves before me, and have faith in me, then will I make weak things become strong unto them."

✍ Mark it

Mark 1 Nephi 17:3 in your own scriptures. In the margin, write one way the Lord has "provided means" for you.

What I learned

One thing I'll do this week:

Sketch notes

 doodle, map, or diagram

Family discussion

Share a time the Lord "provided means" for our family to do something hard. What did we learn from it?

✂ cut out • keep in your scriptures as a bookmark

MEMORY VERSE

"...provide means whereby they can accomplish the thing which he has commanded them"

The Christ Centered Home Project • Independent Latter-day Saint resource • Companion Study Sheet • Not affiliated with Living Scriptures, Inc., or The Church of Jesus Christ of Latter-day Saints • Scripture text from churchofjesuschrist.org