

Episode 7: Alma and the Zoramites

Alma 31–32

Name: _____

Today we're learning: My faith grows like a seed when I pray, read, and obey.

Read together

“And now as I said concerning faith—faith is not to have a perfect knowledge of things; therefore if ye have faith ye hope for things which are not seen, which are true.” (Alma 32:21)

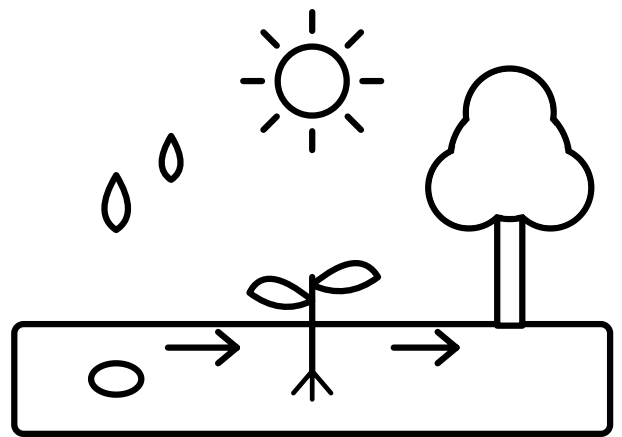
“But if ye will nourish the word, yea, nourish the tree as it beginneth to grow, by your faith with great diligence, and with patience, looking forward to the fruit thereof, it shall take root; and behold it shall be a tree springing up unto everlasting life.” (Alma 32:41)

Listen for it! Check each one when you see it.

- ☐ The Rameumptom (the tall prayer stand)
- ☐ The Zoramites saying the same prayer
- ☐ Poor people who were not let into church
- ☐ Alma teaching about a seed

Who's who? Draw a line to match.

- | | | | |
|-----------------|---|---|------------------------------------|
| Alma | ● | ● | Prayed on a tall stand once a week |
| Amulek | ● | ● | Were humble and ready to listen |
| Zoramites | ● | ● | Alma's missionary companion |
| The poor people | ● | ● | Taught that faith is like a seed |



A seed grows into a tree. Color how faith grows!

Family question for dinner

What can our family do this week to help our faith grow, like watering a seed?

What I learned

Word helpers: faith · seed · grow · tree · pray · hope · true

How I can live it today

One thing I will do today to help my faith grow:

✂ cut out and put it where you will see it

MEMORY VERSE

“...if ye have faith ye hope for things which are not seen, which are true.”

Alma 32:21