

I Am a Child of God

Elder Hutch U. Fale, *Seventy*

SATURDAY AFTERNOON SESSION • SATURDAY, OCTOBER 3, 2026 • OCTOBER 2026 GENERAL CONFERENCE

THE BIG IDEA

I am a child of God and He loves me with a love I didn't earn and can't lose, and knowing that helps me follow Jesus Christ, see others rightly, and come home anytime.

You'll need: A baby picture (or early picture) of each child. Sticky notes and a marker.

1 HOOK

2 MIN

OBJECT QUESTION Hand each child their baby picture (or a picture from when they joined your family). Then ask Elder Fale's question: As of the day this picture was taken, what had you done to earn our love?

Then: When Elder Fale asked his children this, they looked down and said, Nothing. He told them they were right, and then he said: "You did not earn it; you cannot lose it. It is yours forever." Then he told them that what parents feel is only a small fraction of what Heavenly Father feels for them.

2 KEY TEACHINGS FROM ELDER FALE

8–10 MIN

1 Knowing who you are helps you know Jesus

"Understanding our Father's love and our true identity as His children is essential for our daily and eternal happiness."

— Elder Hutch U. Fale • exact words

FOR AGES 8–11: MAKE IT CONCRETE

Jesus taught us to pray to *our Father*, not just His Father, and not someone else's father. Ours. Jesus came because He loves His Father's children, and that includes you.

DEEP CUT • AGES 12–16

Elder Fale also warned about a lie: that because God loves us, we'll be saved no matter our pride, rebellion, or sins. "Receiving Christ through priesthood ordinances and covenants, and then being faithful to those covenants, is the only way for us to fully understand His love and the only way to exaltation." God's love is unconditional. His highest blessings come through covenants.

2 God's love makes us immune to labels

"Second, when we understand God's love for us and for the rest of His children, we become immune to the divisive and misleading labels of our fallen world, both the labels that people try to put on us and the labels the world tries to put on others."

— Elder Hutch U. Fale • exact words

FOR AGES 8–11: MAKE IT CONCRETE

Write labels on sticky notes (gamer, bad at math, the quiet one, popular, weird) and stick a few on each person. Then add one big note on top: CHILD OF GOD. Which label is true forever?

DEEP CUT • AGES 12–16

He said this understanding changes how we act: "We become quick to repent, slow to judge, and ever hopeful that the best is yet before us." Which label do you most need to stop believing, about yourself or someone else?

3 It's never too late to come home

"From the prodigal son to leaving the 99 sheep to find the one, our Father's message, through His Son, has always been that there is still yet time if we turn to Christ today."

— Elder Hutch U. Fale · exact words

"We also hope it gives you the strength and the humility to come home when you need to, because no matter what has happened, you can always come home, just as you can always turn to your Father in Heaven."

— Elder Fale, to his own children, as he shared

FOR AGES 8–11: MAKE IT CONCRETE

In Jesus's story, when the lost son came home, his father saw him a long way off and ran to hug him (Luke 15:20). Heavenly Father is like that father.

DEEP CUT · AGES 12–16

He called it a pernicious lie that it's ever too late for someone to change or turn to Christ. Who might need to hear from you that it's not too late?

3 INTERACTIVE MOMENT

2–3 MIN

TRUE OR FALSE (TRICK QUESTION) True or false: Because God loves me no matter what, it doesn't really matter what I choose. Vote, then let the older kids explain.

Reveal: False. Elder Fale called that the adversary's deceitful lie that twists a precious truth. God's love never stops, and that love is exactly why He invites us to repent, make covenants, and become like Him.

4 TALK ABOUT IT

3 MIN

YOUNGER (8–11)

How does it feel to know you can't lose Heavenly Father's love, even on your worst day?

OLDER (12–16)

What labels get stuck on people your age? How would seeing them as children of God change how you treat them?

5 RECAP: THE KIDS EXPLAIN IT

2 MIN

Ask the kids to explain: Can you earn God's love? Can you lose it? Then what's the lie Elder Fale warned about, and why is it a lie?

Listen for: Didn't earn it, can't lose it. Child of God beats every label. It's never too late to turn to Christ. Love isn't permission; covenants are how we receive all He offers.

6 TESTIMONY OF JESUS CHRIST

1 MIN

Elder Fale said: "It is often through families, despite all their imperfections, that our Father teaches us about His love." A parent tells the kids what you felt when each of them was born or joined your family, and your witness that Heavenly Father's love is even greater, shown through Jesus Christ.

7 THIS WEEK, AS A FAMILY

1 MIN

ONE THING TO DO This week, put an I am a child of God sticky note on each person's mirror, and have a parent tell each child the story of the day they were born or joined the family.

☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun

Scripture: John 3:16; Romans 8:16; Luke 15:20 · **Full talk:** [churchofjesuschrist.org/study/general-conference/2026/10/26fale](https://www.churchofjesuschrist.org/study/general-conference/2026/10/26fale)

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