

A Child of God

President Rosemary K. Chibota, *Primary General President*

SUNDAY MORNING SESSION • SUNDAY, OCTOBER 4, 2026 • OCTOBER 2026 GENERAL CONFERENCE

THE BIG IDEA

Jesus sees every person as a child of God; I can pray to see people as He does and help them feel seen.

You'll need: Paper and pencils.

1 HOOK

2 MIN

GUESS THE WORD In southern Africa, a common greeting is sawubona. Guess what it means. (Hint: it's not just hello.)

Then: Sawubona means I see you. President Chibota said it acknowledges another person's worth. It says: I recognize you. I respect you. You matter.

2 KEY TEACHINGS FROM PRESIDENT CHIBOTA

8–10 MIN

1 Jesus sees people

“Where others saw labels, He saw beloved sons and daughters of God.”

— President Rosemary K. Chibota • exact words

FOR AGES 8–11: MAKE IT CONCRETE

At the pool of Bethesda, a man had been sick for 38 years. People walked past him for years. Jesus saw him, ministered to him, and healed him (John 5:2–9).

DEEP CUT • AGES 12–16

Even when the rich young man was about to walk away sad, the scripture says Jesus, beholding him, loved him (Mark 10:21). Jesus saw and loved someone who would say no to Him. What does that tell you about how He sees you on your bad days?

2 Seeing someone can start with their name

“Often, helping others feel seen as children of God begins with something as simple as learning their name.”

— President Rosemary K. Chibota • exact words

FOR AGES 8–11: MAKE IT CONCRETE

At a parent-teacher conference, the school janitor came up to President Chibota with tears in his eyes. Her daughter greeted him by name and helped him clean up after lunch. He said: “Very few students know my name. Your daughter sees me.”

DEEP CUT • AGES 12–16

“I plead with you as disciples of Jesus Christ to pray to see others as He sees them and to treat them accordingly.” Who at your school is easiest to not see?

3 Your identity is inherited, not earned

“Our identity is not something we achieve; it is something we inherit as beloved sons and daughters of God.”

— President Rosemary K. Chibota • exact words

FOR AGES 8–11: MAKE IT CONCRETE

Before you were a student, an athlete, a gamer, or anything else, you were a spirit child of Heavenly Father. That doesn't change when you make mistakes or someone misunderstands you.

DEEP CUT • AGES 12–16

She felt inadequate when called as Primary General President. President Oaks told her: “You've been called for who you are. The Lord knows you.” She said: “Whatever labels may weigh heavily upon you today, Jesus Christ can raise you above them.”

3 INTERACTIVE MOMENT

2–3 MIN

NAME CHALLENGE Two minutes: everyone writes the names of people who help them every week but who are easy to overlook (bus driver, custodian, lunch worker, crossing guard, ward clerk, the person who cleans the church). Who knows the most names?

Reveal: Every blank is a sawubona waiting to happen. President Chibota's three invitations, all actions: learn the name of someone who may feel unseen; pray to see others as Heavenly Father sees them; replace worldly labels with Child of God, Child of the covenant, Disciple of Jesus Christ.

4 TALK ABOUT IT

3 MIN

YOUNGER (8–11)

How do you feel when someone remembers your name? How could you give that feeling to someone else?

OLDER (12–16)

Which labels do you put on yourself? What changes if you replace them with the three she gave us?

5 RECAP: THE KIDS EXPLAIN IT

2 MIN

Ask the kids to explain: What does sawubona mean, and why did President Chibota love it? How did Jesus show it? What's one way a kid can do it?

Listen for: I see you. Jesus saw people past their labels. It can start with a name. Our identity as God's children is inherited, not earned.

6 TESTIMONY OF JESUS CHRIST

1 MIN

President Chibota said: "Your Savior, Jesus Christ, sees you." A parent shares a time someone truly saw you, and your witness that Heavenly Father and Jesus Christ know your name and see you.

7 THIS WEEK, AS A FAMILY

1 MIN

ONE THING TO DO This week, each person learns the name of one person who may feel unseen and greets them by name. Her promise: "As we learn to see ourselves and one another as They do, our homes, wards, schools, and communities will become places of belonging, healing, and love."

☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun

Scripture: John 5:2–9; Mark 10:21; Romans 8:16 · **Full talk:** [churchofjesuschrist.org/study/general-conference/2026/10/42chibota](https://www.churchofjesuschrist.org/study/general-conference/2026/10/42chibota)

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