

You Are Good Enough to Teach

Brother Gabriel W. Reid, *Second Counselor in the Sunday School General Presidency*

SUNDAY AFTERNOON SESSION • SUNDAY, OCTOBER 4, 2026 • OCTOBER 2026 GENERAL CONFERENCE

THE BIG IDEA

I am good enough to teach the gospel, not because I know everything, but because I can love the Savior and love the people I teach.

You'll need: Nothing. Optional: a football.

1 HOOK

2 MIN

GUESS WHO When Brother Reid was called to the Sunday School General Presidency, a news headline said: “New Sunday School Leaders Include Men Involved in Church Education and an NFL Player.” Ask: which one do you think Brother Reid was, a scholar or the NFL player?

Then: The NFL player. He joked: “Thankfully, that headline didn’t share the names because I really hope people think I’m one of the scholars!” Even so, he felt inadequate and wondered if the Lord had the right person. Ever felt that way?

2 KEY TEACHINGS FROM BROTHER REID

8–10 MIN

1 Jesus makes us into teachers

“He did not expect them to become master teachers before they followed Him. He promised that He would make them into who He needed them to be.”

— Brother Gabriel W. Reid • exact words

FOR AGES 8–11: MAKE IT CONCRETE

Jesus called ordinary fishermen: “Come ye after me, and I will make you to become fishers of men.” (Mark 1:17) The sons of Mosiah had been rebellious, and the Lord still promised to make them instruments in His hands. He’ll help you too.

DEEP CUT • AGES 12–16

“We were never meant to do His work alone.” Brother Reid noticed a pattern: when Jesus invited someone to teach, He also gave them a promise. Why does the promise matter as much as the invitation?

2 Love is the lesson

“The impact of a gospel teacher is not just the message—it is the love of the messenger.”

— Brother Gabriel W. Reid • exact words

FOR AGES 8–11: MAKE IT CONCRETE

Brother Reid grew up in American Samoa with 12 brothers and sisters. Many of his Primary classes were held under a mango tree. What he remembers most is that his teachers loved him and knew his name.

DEEP CUT • AGES 12–16

“Some of the greatest lessons they taught were the ones we caught simply by watching them.” Older siblings, your younger siblings are watching you. What gospel lessons might they be catching?

3 Yes, you are good enough

“Brothers and sisters, if you are wondering whether you are good enough to teach the gospel of Jesus Christ, the answer is yes!”

— Brother Gabriel W. Reid · exact words

FOR AGES 8–11: MAKE IT CONCRETE

Not because you know everything or always feel confident. “Because you can love the Master Teacher!” As you love Him, He’ll walk beside you and help you.

DEEP CUT · AGES 12–16

“If class members leave the lesson feeling closer to the Savior than when they came, we have taught enough.” Instead of asking how to fit everything in, Brother Reid suggested a better question: “How can I help those I teach connect to the Savior sooner?”

3 INTERACTIVE MOMENT

2–3 MIN

MINI TEACH Each person gets two minutes to teach the family one gospel truth they love: a scripture story, a song, or an experience. The goal isn’t to impress anyone. The goal is to help everyone feel closer to Jesus.

Reveal: Brother Reid said: “The purpose of every lesson is not for people to leave talking about the teacher. It is for them to leave thinking about and loving the Savior.” After each mini lesson, ask: did that help you think about Jesus?

4 TALK ABOUT IT

3 MIN

YOUNGER (8–11)

Who is a teacher who made you feel loved? What did they do?

OLDER (12–16)

Why might “Do I know enough?” be the wrong question to ask before teaching? What changes when you focus on loving the people instead?

5 RECAP: THE KIDS EXPLAIN IT

2 MIN

Ask the kids: Why did Brother Reid feel like the wrong person? What did Jesus promise the fishermen? What do you remember most about good teachers? Are you good enough to teach?

Listen for: Jesus promises to make us who He needs us to be. The love of the messenger matters most. Love the Lord and love those you teach. Yes, you’re good enough, because you can love the Master Teacher. “To teach like the Savior, we must love like the Savior!”

6 TESTIMONY OF JESUS CHRIST

1 MIN

A parent shares about a teacher whose love helped you feel the Savior’s love, and your witness that Jesus helps anyone who teaches His gospel.

7 THIS WEEK, AS A FAMILY

1 MIN

ONE THING TO DO This week, an older sibling teaches a younger sibling one short gospel lesson, like a scripture story or a song. Start by asking what the younger one loves, and end by asking how they feel about Jesus.

☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun

Scripture: Mark 1:17; Alma 26:3; Matthew 22:37–39; 3 Nephi 11:14–15; 3 Nephi 17:5–24 · **Full talk:** [churchofjesuschrist.org/study/general-conference/2026/10/58reid](https://www.churchofjesuschrist.org/study/general-conference/2026/10/58reid)

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