



OCTOBER 2026 GENERAL CONFERENCE · SATURDAY MORNING SESSION

# The Gift of Testimony

Elder Gérald Caussé · Quorum of the Twelve Apostles

## Words to remember

- *“Our testimony is not a talent to be hidden. It is a gift to be shared—with grateful hearts and in a spirit of humility and love.”*
- *“There is great power in a sincere, humble, and heartfelt testimony. It need not be long, eloquent, or dramatic—it only needs to be true.”*

In Elder Gérald Caussé’s own words, from the talk.

Eighteen years ago, Elder Gérald Caussé and his wife, Valérie, received a phone call from President Thomas S. Monson, who called him as a General Authority Seventy. The next morning, as he prayed for comfort, he felt prompted to open a Church magazine lying on the kitchen table. His eyes went straight to this promise: “Be of good cheer, and do not fear, for I the Lord am with you, and will stand by you; and ye shall bear record of me, even Jesus Christ.” He realized his main job was simply to bear witness of the Savior. Everything else would be in the Lord’s hands.

Eleven months before this talk, he was called as an Apostle. When he first met with the First Presidency and the Twelve, President Dallin H. Oaks invited him to bear his testimony of Jesus Christ. Peace filled his heart, and those same words returned with power. He knew nothing could be more meaningful as his first act as an Apostle than to bear witness of the Redeemer.

Before He ascended, the resurrected Savior told His Apostles, “Ye shall be witnesses unto me.” Apostles today are special witnesses of Christ. But Elder Caussé taught that bearing witness is not limited to prophets and apostles. It extends to all his disciples. At baptism we covenant to “stand as witnesses of God at all times and in all things, and in all places.”

A testimony is personal. It grows through faith, seeking, living the gospel, and the quiet influence of the Holy Ghost. “Your testimony may be different from mine or that of other family members or fellow Saints,” he said. “Please trust it, nurture it, and bear it, because it is uniquely yours.”

He used to wonder, Why me? Why was I so privileged to receive a testimony? Then he learned to ask a better question: “What does the Lord expect me to do with this gift?” His answer: “Our testimony is not a talent to be hidden. It is a gift to be shared—with grateful hearts and in a spirit of humility and love.”

He taught that testimony and love go together. Saying I know is a way of loving our neighbor, because we want to share the most precious thing we have. And saying “I love you” sincerely is a way of bearing witness of Jesus, the source of perfect love. He hoped our lives would be full of many I knows and many I love yous.

His niece once bore her testimony at Young Women camp. She was so nervous she only said, “I know that God loves me” and “I know that God has a plan for me.” Afterward she felt discouraged because she couldn’t speak like the other girls. Her mom asked, “Do you believe what you said?” “Yes.” “Then that’s all that matters.” Elder Caussé said, “There is great power in a sincere, humble, and heartfelt testimony. It need not be long, eloquent, or dramatic—it only needs to be true.” It is the Spirit, not words, that testifies.

From Enoch and Moses to Joseph Smith to more than 90,000 missionaries today, the pattern is the same: simple people stand and declare what they know, and the Holy Ghost confirms it. When the young Alma was in deep anguish, he remembered his father’s testimony of Jesus Christ, and that memory became the spark that led him to repent. Elder Caussé asked how many people around us are like Alma, waiting to hear our witness.

He invited us to look every day for chances, as the Spirit prompts, to bear witness of Jesus, even for a minute or two: at home, in meetings, while ministering, on social media, or in everyday talks. We can say things like “I love our Savior, Jesus Christ” or “The gospel brings joy to my heart.” As we share, our own testimonies grow stronger. He closed with his witness that we have a loving Heavenly Father and that Jesus Christ is the source of every good gift.

**Scripture to look up:** Mosiah 18:9. Covenant disciples stand as witnesses of God at all times, in all things, and in all places.

### *Let’s talk about it*

What did this talk teach us about the Savior? What is one small thing our family can do this week?

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Kid-friendly summary in our own words · Read or watch the full talk: [churchofjesuschrist.org/study/general-conference/2026/10/14causse](https://www.churchofjesuschrist.org/study/general-conference/2026/10/14causse)