



OCTOBER 2026 GENERAL CONFERENCE • SATURDAY MORNING SESSION

The Hour of Your Mission Is Come

Bishop Sean Douglas • Second Counselor in the Presiding Bishopric

Words to remember

- *“You are what you preach.”*
- *“I wish to wholeheartedly add: There is still plenty of room and a special place reserved for each one of you! We need you!”*

In Bishop Sean Douglas's own words, from the talk.

Bishop Sean Douglas loves missionaries. He helps lead missionary work for the whole Church. Missionaries help people come to Jesus and be baptized. Bishop Douglas said today there are more missionaries serving, and more people being baptized, than ever before!

He told missionaries, “You are what you preach.” That means missionaries do not just talk about Jesus. They try to live like Him every day.

Bishop Douglas has two great-nephews who are brothers. They both went on missions, to places far apart from each other. They were so happy and excited to go! They wanted to serve the Lord more than anything.

They reminded Bishop Douglas of the sons of King Mosiah in the Book of Mormon. Those brothers wanted everyone to hear about Jesus. They could not stand to think of anyone being lost.

Missionaries put other things aside for a while, like school, jobs, and even sleeping in on Saturday! Bishop Douglas said, the Lord expects a lot of missionaries, “But, oh, is it worth it!”

Bishop Douglas and his wife were mission leaders in Lima, Peru. One of their missionaries was Elder Merlin Sanchez. Merlin was baptized when he was almost 24. Then he stopped coming to church for a while. A good friend helped him start his mission papers. When Merlin came back to church, he wanted to go on a mission! Someone asked him why he wanted to serve. He said, “I only want to be close to Jesus Christ and to follow Him.”

Merlin became a wonderful missionary. After his mission, he got married. On his wedding day, he was called to be a bishop! Today he has three children and serves as a stake president. His family is so thankful he served.

Bishop Douglas said, “We need you!” The Lord has asked every worthy, able young man to prepare for a mission. Young women can pray to know if a mission is right for them. Missionaries can be all ages, even grandparents!

He ended with a scripture. He said you can put your own name in it: Lift up your heart and rejoice for the hour of your mission is come. Even now, children can get ready by learning about Jesus and sharing His love.

A scripture for this talk: Doctrine and Covenants 31:3. The Lord told a missionary, “The Hour of Your Mission Is Come” We can get ready to serve too.

Let's talk about it

What did this talk teach us about the Savior? What is one small thing our family can do this week?

Kid-friendly summary in our own words · Read or watch the full talk: [churchofjesuschrist.org/study/general-conference/2026/10/18douglas](https://www.churchofjesuschrist.org/study/general-conference/2026/10/18douglas)