



OCTOBER 2026 GENERAL CONFERENCE · SATURDAY MORNING SESSION

O Be Wise

President D. Todd Christofferson · Second Counselor in the First Presidency

Words to remember

- *“A key part of a life well-lived is contributing to the well-being of others.”*
- *“Every soul is precious, and Christ died for him, for her, as He did for you.”*

In President D. Todd Christofferson’s own words, from the talk.

President D. Todd Christofferson is in the First Presidency. He said this talk was a little like when the prophet Jacob in the Book of Mormon had to talk about something hard. President Christofferson talked about gambling.

Gambling is when people risk their money on a game or a guess, hoping to win more money. Usually they lose. The companies that run gambling make money because the people who play lose money.

President Christofferson told a story about a United States president named Calvin Coolidge, who did not talk very much. One Sunday his wife asked what the preacher talked about at church. He said, “Sin.” She asked what the preacher said about it. He answered, “He was against it.” President Gordon B. Hinckley once said that about gambling: We’re against it.

Today, people can gamble on phones, any time of day. President Christofferson said many young people, even teenagers, are gambling, and it can be hard to stop. It takes time away from school, friends, and family.

He shared President Dallin H. Oaks’s counsel to ask, “Where will this lead?” Every choice we make uses up time and money we could use for something good.

He also said other people watch what we do, especially children. Long ago, the Apostle Paul taught that we should be careful so our choices do not cause someone else to stumble. Every person is precious, and Jesus died for each one of us.

Gambling is wrong because it is about trying to get something for nothing. When one person wins, someone else loses. Jesus taught us to love our neighbor. President Oaks taught that gambling leads away from the giving path of Jesus toward a taking path.

President Christofferson asked us to live on a higher plane, and to use our time and money to do good. He said a good life is about helping others, working hard, and “It is being and doing better without others doing worse.” The Lord wants us to be anxiously engaged in a good cause.

He ended with the words of the prophet Jacob: “O be wise; what can I say more?”

A scripture for this talk: Jacob 6:12. The prophet Jacob asked his people to be wise. We can make wise choices that keep us and others safe.

Let's talk about it

What did this talk teach us about the Savior? What is one small thing our family can do this week?

Kid-friendly summary in our own words · Read or watch the full talk: [churchofjesuschrist.org/study/general-conference/2026/10/19christofferson](https://www.churchofjesuschrist.org/study/general-conference/2026/10/19christofferson)