



OCTOBER 2026 GENERAL CONFERENCE · SATURDAY AFTERNOON SESSION

I Am a Child of God

Elder Hutch U. Fale · General Authority Seventy

Words to remember

- *“I am a child of God and He loves me.”*
- *“We also hope it gives you the strength and the humility to come home when you need to, because no matter what has happened, you can always come home, just as you can always turn to your Father in Heaven.”*

In Elder Hutch U. Fale's own words, from the talk.

Elder Hutch U. Fale started his talk with words many children know from a Primary song: “I am a child of God and He loves me.” He said this is true for him, and it is true for every one of us.

Before we came to earth, we lived with Heavenly Father. He is the Father of our spirits. We knew Him and loved Him, and we chose His plan.

Elder Fale said families help us learn about Heavenly Father’s love. The New Testament begins with a family and a baby born in Bethlehem. The Book of Mormon begins with a family’s journey.

One day, Elder Fale got an idea at church. He texted his wife and asked her to find a baby picture of each of their children. When he got home, he showed the children their baby pictures. He told them how much he and their mom loved them when they were born.

Then he asked, “As of the date of this picture, what had you done to earn our love?” The children looked down and said, “Nothing.” He said, “You are right. You did nothing to earn our love.” And there is nothing they could ever do to lose it. He said, “You did not earn it; you cannot lose it. It is yours forever.”

Then he told them that Heavenly Father loves them even more than their parents do. Heavenly Father loved them before they were born, He loves them today, and He will love them tomorrow. And no matter what happens, they can always come home. Everyone felt the Holy Ghost, and there were tears.

Elder Fale said Satan tries to trick us. He wants us to think that because God loves us, our choices do not matter. But they do. Following Jesus and keeping our promises with God is the way back to Him.

Knowing Heavenly Father loves us helps us understand Jesus. It helps us see everyone as a child of God, so we are kind and make sure no one is alone. And it helps us know it is never too late to come back to Jesus.

When Elder Fale was a boy in Tonga, he read John 3:16 in the Bible: “For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.” He knew it was true then, and he knows it is true now. He said, “I am a child of God and He loves me.” He also said, “He loves me and He loves you.”

Let's talk about it

What did this talk teach us about the Savior? What is one small thing our family can do this week?

Kid-friendly summary in our own words · Read or watch the full talk: [churchofjesuschrist.org/study/general-conference/2026/10/26fale](https://www.churchofjesuschrist.org/study/general-conference/2026/10/26fale)