



OCTOBER 2026 GENERAL CONFERENCE · SATURDAY AFTERNOON SESSION

Love Like Jesus

Elder Ronald A. Rasband · Quorum of the Twelve Apostles

Words to remember

- *“We cannot change their hearts, but He can; He is a God of miracles.”*
- *“In the vernacular, Jesus Christ says to all who grieve, ‘I’ve got this!’”*

In Elder Ronald A. Rasband’s own words, from the talk.

Elder Ronald A. Rasband is an Apostle. He spoke to everyone who feels sad because someone they love has stopped following Jesus. Maybe it is a brother, a sister, a cousin, or a friend.

Elder Rasband said he and Sister Rasband have felt that sadness too. Sometimes we try very hard to make our loved ones come back. We talk and talk, we argue, or we make them watch general conference. But that usually doesn’t work. Everyone has to choose for themselves to follow Jesus.

In the Book of Mormon, Lehi had a dream. He saw people walking toward a beautiful tree. The tree stands for the love of God. But a dark mist came, and some people wandered away to a great and spacious building.

Elder Rasband shared a scripture: “Be not afraid nor dismayed ... ; for the battle is not yours, but God’s.” We can’t change someone’s heart, but Jesus can. Heavenly Father loves our family and friends even more than we do. Because of Jesus, there is always a way back. Elder Rasband said Jesus says to us, “I’ve got this!”

So what can we do? We can love! Jesus taught us to love God and to love our neighbor. Love means being interested in people’s lives, being there with open arms, and being kind, patient, and forgiving.

We can also pray for them. In the Book of Mormon, Alma the Younger made bad choices. But his father, Alma, prayed for him again and again. An angel came and said the Lord had heard his father’s prayers. Alma the Younger remembered what his father taught him

about Jesus. He prayed, “O Jesus, thou Son of God, have mercy on me.” He changed and became a great prophet!

Jesus told a story about a son who ran away and wasted all his money. When he came home, his father saw him far away and ran to hug him. What brought the son home? Love.

Elder Rasband gave three ideas. First, don’t feel guilty, and never, never give up on people you love. Second, President Thomas S. Monson taught that a person is more important than a problem. Third, remember that Jesus is the answer. Read the scriptures and pray.

Elder Rasband promised that if we build on Jesus, our strong rock, storms can’t knock us down. He said, “Trust Him. He’s got this!”

A scripture for this talk: Matthew 22:37–39. Jesus said to love God and love our neighbor. That is how we love like Jesus.

Let’s talk about it

What did this talk teach us about the Savior? What is one small thing our family can do this week?

Kid-friendly summary in our own words · Read or watch the full talk: [churchofjesuschrist.org/study/general-conference/2026/10/210rasband](https://www.churchofjesuschrist.org/study/general-conference/2026/10/210rasband)