



OCTOBER 2026 GENERAL CONFERENCE · SUNDAY MORNING SESSION

A Child of God

President Rosemary K. Chibota · Primary General President

Words to remember

- *“Our identity is not something we achieve; it is something we inherit as beloved sons and daughters of God.”*
- *“I plead with you as disciples of Jesus Christ to pray to see others as He sees them and to treat them accordingly.”*

In President Rosemary K. Chibota's own words, from the talk.

President Rosemary K. Chibota, Primary General President, grew up learning that greetings in her culture communicate love, concern, respect, and belonging. Her daughter recently reminded her of the Southern African greeting Sawubona, which means “I see you.” It’s more than hello. It says, “I recognize you. I respect you.” You matter.

Jesus perfectly showed this. He saw the woman at the well, the leper, the blind man, and the child. “Where others saw labels, He saw beloved sons and daughters of God.” Even of the rich young man who walked away sorrowing, the scriptures say, “[And] Jesus beholding him loved him.” At the pool of Bethesda, Jesus saw a man who had suffered for 38 years. Others had walked past him for years, but the Savior saw him, ministered to him, and healed him. The good Samaritan also chose to see a child of God in need and act.

“Often, helping others feel seen as children of God begins with something as simple as learning their name.” At her daughter’s final parent-teacher conference, a school janitor approached President Chibota and her husband with tears in his eyes. Their daughter regularly greeted him, knew his name, and helped him clean up. “Very few students know my name,” he said. “Your daughter sees me.”

She pleaded with us to pray to see others as he sees them and to treat them accordingly. As the Primary song says, “Jesus said love ev’ryone; treat them kindly too.” She quoted President Spencer W. Kimball: “God does notice us, and ... it is usually through another person that he meets our needs.” The Savior sees not only who we are but who we can become.

Seeing others as children of God changes how we see ourselves too. The world pushes us to focus on labels instead of eternal identity, but labels can never fully capture who we are. “Our identity is not something we achieve; it is something we inherit as beloved sons and daughters of God.”

She admitted she has sometimes viewed herself through labels. When President Dallin H. Oaks extended her calling, he told her, “You’ve been called for who you are.” She was reminded that God’s view of us is always more complete and more hopeful than our own. Jesus Christ can raise you above whatever labels weigh on you. Before we were students, athletes, or leaders, we were spirit children of Heavenly Father, and that doesn’t change when we make mistakes or are misunderstood.

As we seek the Savior’s view, He guides us to people who need to be seen. Years ago she prayed to know how to help a coworker who seemed isolated. As she followed simple promptings to include him, they became friends.

Her invitation: this week, learn the name of someone who may feel unseen, pray to see others as Heavenly Father sees them, and replace worldly labels with eternal truths: “Child of God. Child of the covenant. Disciple of Jesus Christ.” She closed with a final Sawubona: “I see you. More important, your Heavenly Father sees you. Your Savior, Jesus Christ, sees you.”

Scripture to look up: Mark 10:21. “[And] Jesus beholding him loved him.” The Savior saw each person’s worth, and we can learn to see others that way.

Let’s talk about it

What did this talk teach us about the Savior? What is one small thing our family can do this week?

Kid-friendly summary in our own words · Read or watch the full talk: [churchofjesuschrist.org/study/general-conference/2026/10/42chibota](https://www.churchofjesuschrist.org/study/general-conference/2026/10/42chibota)