



HOME-CENTERED FAMILY HISTORY PROJECT

Activity 1 · My Family

The Women in My Family

Your family can gain strength as you learn and share the inspiring stories of the women who came before you. Call your mom, aunt, or grandma and tell her why you love her. Then pick a woman from your family tree, learn her story, and cook a meal she might have made.

Try it

Trace each child's hand and decorate it to look like a woman in your family tree. Talk about how her hands blessed her family.



Scan for the activity



HOME-CENTERED FAMILY HISTORY PROJECT

Activity 1 · My Family

The Women in My Family

Your family can gain strength as you learn and share the inspiring stories of the women who came before you. Call your mom, aunt, or grandma and tell her why you love her. Then pick a woman from your family tree, learn her story, and cook a meal she might have made.

Try it

Trace each child's hand and decorate it to look like a woman in your family tree. Talk about how her hands blessed her family.



Scan for the activity



HOME-CENTERED FAMILY HISTORY PROJECT

Activity 1 · My Family

The Women in My Family

Your family can gain strength as you learn and share the inspiring stories of the women who came before you. Call your mom, aunt, or grandma and tell her why you love her. Then pick a woman from your family tree, learn her story, and cook a meal she might have made.

Try it

Trace each child's hand and decorate it to look like a woman in your family tree. Talk about how her hands blessed her family.



Scan for the activity



HOME-CENTERED FAMILY HISTORY PROJECT

Activity 1 · My Family

The Women in My Family

Your family can gain strength as you learn and share the inspiring stories of the women who came before you. Call your mom, aunt, or grandma and tell her why you love her. Then pick a woman from your family tree, learn her story, and cook a meal she might have made.

Try it

Trace each child's hand and decorate it to look like a woman in your family tree. Talk about how her hands blessed her family.



Scan for the activity